



MTU CORK SU ELECTIONS & YOU

WHAT MAKES A 'ZOOTGHOST"?

**STUDENT BUSINESS COMPETITION** 

SUSTAINABLE ENERGY SOCIETY

**HUSTINGS** 

22<sup>ND</sup> MARCH

### MTU SU STUDENT GENERAL ELECTIONS 2023-24

### ELECTION DATE 23<sup>RD</sup> MARCH

COULD YOU REPRESENT 10K+ STUDENTS IN CORK?

# A BIG DIFFERENCE!



\* ID required when purchasing Student or Young Adult Ticket search TFI Go App \*\* Route 226 is Valid to Cork Airport only







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Communications Officer Ellen Bamber

Entertainments Officer Eireann Griffen

Entertainments Manager Mick O'Mahony // corksuevents@mtu.ie



Visit <u>mtucorksu.ie</u>



# THINKING OF RUNNING IN THE MTU CORK SU **ELECTIONS?**

As a Students' Union Officer, you will have the chance to represent your peers and bring about the changes you'd like to see. Training and selfdevelopment opportunities are provided so you can develop your leadership skills and gain the type of experience that organisations look for when recruiting employees. You, as a Union Officer will take on the responsibility of representing students, ensuring they get the best deal from their college life. Whether you represent their academic or welfare needs, it is your opportunity to make a difference. The Union defends the rights of students on all fronts, as well as representing student views to University management and political figures. The Officers support a number of Union led projects and events including Welfare Campaigns, Freshers Week, RAG Week, First Year Registrations and National Campaigns.

#### COULD YOU BE THE NEXT MTU CORK SU PRESIDENT?

The President is a member of many of the University's boards including the Governing Body and its subcommittees. The main areas of concern for the President are representation, organisation, finance, supervision and guidance of policy. The President is the main spokesperson of the students of MTU Cork. This person communicates with local media, political figures and businesses where appropriate. The President is also the Union of Students In Ireland National Council Representative.

#### COULD YOU BE THE NEXT MTU CORK SU VICE PRESIDENT OF EDUCATION?

The role of the Vice President Education is very broad and includes everything relating to academia;

- Building positive relationships and partnerships between University staff and students.
- Enhancing student engagement to develop and improve quality in education.
- Managing issues around course delivery, timetabling and exams.
- Managing Union Council and General Meetings.

The Vice President Education meets with students on a daily basis to assist them with their educational issues. Some projects include national education campaigns and Class Rep recruitment, training and organisation. The Vice President Education is a member of many University boards including Academic Council, the Appeals Committee and the Student Disciplinary Committee.

#### COULD YOU BE THE NEXT MTU CORK SU VICE PRESIDENT WELFARE?

The Vice President Welfare delivers an educational and awareness programme throughout the year to help students to manage personal issues including sexual health, mental health, accommodation, finance, safety, bullying and addictions.

The programme features campaigns such as S.H.A.G. (Sexual Health Awareness & Guidance) Week, Positive Mind and Body Week, Exam DeStress Campaigns, Equality Campaigns and Safety Week.

These campaigns address different issues which may affect students in an attention-grabbing, fun and effective way. Along with this, the Vice President Welfare sits on many University committees which include the Student Assistance Fund, Athena Swan and the Safety Committee.

#### COULD YOU BE THE NEXT MTU CORK SU COMMUNICATIONS OFFICER?

The Communication Officer aids in the development of the Union's information and communication policy.

This Officer must be familiar with all the communication policies and all the communication media available to the union and ensure they are used to their full potential. The Communications Officer keeps the membership of the Union informed through the provision of a regular Union publication in conjunction with the Sabbatical Officers and Union Staff.

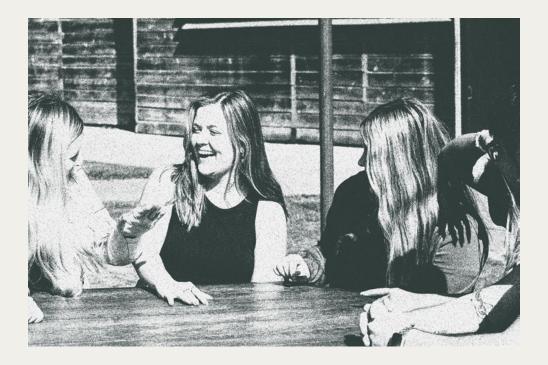
#### COULD YOU BE THE NEXT MTU CORK SU ENTERTAINMENTS OFFICER?

The Entertainments Officer is responsible for the provision of entertainments and other forms of social and cultural activity for the members of the Union in conjunction with the Sabbatical Officers and Union Staff.

#### COULD YOU BE THE NEXT MTU CORK SU PROJECTS OFFICER?

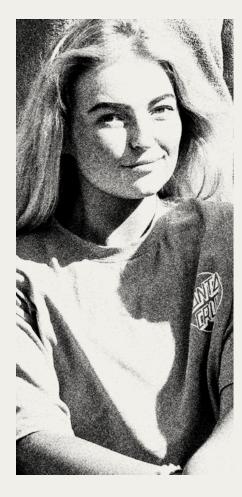
The Projects Officer's role is to support the Sabbatical Officers in the areas of campaigning, Union development and projects.





# What realities are needed to be an MTU Cork SU Officer?





#### FOCUSED/DEDICATED:

The Officers' roles are extremely broad and they need to set out a strategy for the year with realistic and achievable goals. Project management skills are vital. The summer is a great time to learn what they need to know as well as prepare for the year ahead.

#### **COMMITMENT:**

It is essential that Officers are committed and understand what is involved with the role. Sabbatical roles are full time and paid while non-sabbatical roles are undertaken in tandem with studies and are voluntary in nature. Consideration must be given to how much time can be allocated to the role and potential candidates should assess other commitments such as course requirements and part time jobs before opting to run for election.

#### **RESPONSIBLE:**

The Officers of the Union must oversee many activities so having a responsible attitude is vital. They must keep themselves informed of issues, while being responsible for the students' views is imperative. They will also need to sit on boards that deal with sensitive issues.

#### **INNOVATIVE/CREATIVE:**

New ideas for events, campaigns and promotion which will truly benefit the Union as a whole.

#### **DIPLOMATIC:**

Good interpersonal skills are necessary to accomplish tasks and Officers need to be able to manage relationships with staff, students, management and others in a tactful way. Often developing good relationships and gaining mutual respect is the key to affecting change and improvement.

#### **ASSERTIVE/INFLUENTIAL:**

The Officers must often stand their ground when it comes to all sorts of initiatives, be it stand firm against University management, press or political figures. They will also need to become comfortable speaking in public and be able to influence the opinion of others.

#### **SELF-AWARE:**

Officers should understand their strengths and weaknesses and by doing so create an opportunity to grow as individuals and as effective Union leaders. It is important to put the needs of the students and the Union as a whole ahead of the needs of the individual Officer.

#### **REALISTIC:**

The Officers must be able to assess the feasibility of projects, ideas or campaigns in terms of legal, financial and resource limitations. When dealing with students' needs, an unbiased approach has to be brought to every specific case. Officers must check all the facts and hear everyone out before passing judgment. This will avoid leaping to conclusions based on incomplete evidence. Bringing every case to a fight will weaken credibility when a genuine case emerges.

#### CARING/APPROACHABLE:

So let's give ourselves the chance to do this.

# What's in

Develop your management, communication, organisational, negotiation and leadership skills.

- Differentiate yourself from others on the jobs market
- Expand your work experience profile
- Join an energised team

# <u>What are</u> the terms of employment?

For Sabbatical Officers including the President, Vice President Welfare and Vice President Education, it is a full time paid position, commencing on the 1st June and ending 31st May. Sabbatical Officers work 39 hours per week, usually Monday to Friday but flexibility is necessary as many activities take place in the evening and occasionally at weekends. Familiarity with the Union's Constitution is essential and Schedule C refers to the rights and obligations of full time Officers as employees.

For Non-Sabbatical Officers, including the Projects Officer, Entertainments Officer and Communications Officer, the jobs are voluntary and hours of work will be based around the class time/free time of the non-sabbatical Officers. It is advisable to speak to the current Officers to find out more and they can be contacted through the Students' Union.

The election process takes place entirely online and details will be made available to all Union members via email (mycit.ie accounts). Should you require information relating to the election process and rules, please contact **Vicky O'Sullivan** by emailing <u>vicky.osullivan@mtu.ie</u>





## **For Nomination Forms**





# Sustainable Society Society



Our society focuses on helping the environment and being sustainable, while also being social and bring people of similar interests together. Last semester alone, we did loads of things, including paintballing, a sustainable fashion workshop, litter picking and our annual trip abroad! This society is not just for sustainable engineering students. Everyone is welcome to join! After holding the AGM, we got pizza, and we went to Barcadia. Playing arcade games together was a great way for all the society to get to know all the new members.

We have teamed up with other societies, like the Chemical and Biomedical Society for a pub quiz in Franciscan Well. It was so much fun and was a good chance to connect with people from our own society and get to know people from others.

We went litter picking four times already this year and plan to do more! We joined up with Civil and Environmental Engineering students for one of our litter picks too. Surprisingly, it was very fun! We had competitions to see who could pick up the most litter around campus and it got everyone really involved.

We had a movie night in the Rory Gallagher Theatre. We organised free donuts, which encouraged people to come! We watched 'Over the Hedge', which is a family-friendly comedy. It sheds light on littering and pollution and how it effects wildlife. So, it was educational and entertaining!

We went paintballing at The Extreme Sports Centre. With the student discount, loads of people came! It was a great way to get to know some of the other society members. The place was amazing! We split up into two teams to play capture the flag. It was unreal! We made sure to share lifts or take public transport to reduce our carbon emissions. We held a sustainable fashion workshop in the Rory Gallagher

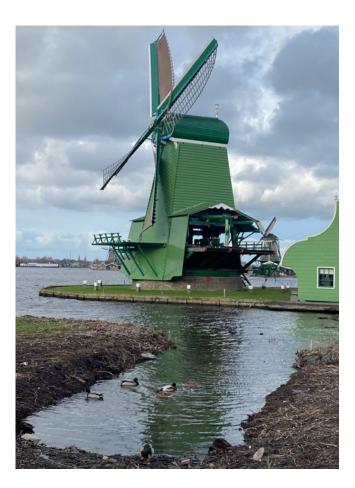


Theatre. Niamh Brennan gave an extraordinary talk on the benefits of sustainable fashion, and the harm of fast fashion to the workers and the environment. It was extremely interesting and informative!

We went on a foreign trip to Amsterdam in January. It was unbelievable! Amsterdam is very eco-friendly in terms of transport and energy. So many of the people there walk or cycle. We went on a walking tour and it was amazing to see the architecture and learn about the history of the place. We went to see The Netherlands famous wind mills and we learned how they were constructed. It gave us great insight into the evolution of wind turbines! We also went to the Van Gogh Museum, went on a canal tour, visited Anne Frank's House and so much more! Check out our Instagram to see it all there.

This semester, we already have loads planned! It's never too late to join the society/registered online to stay informed on our future events.





Hey there, students! Want to turn your business ideas into a reality and potentially win 500 euros? Then mark March 11th on your calendar for the Student Business Hackathon 2023!

# Student Business Hackat

The Student Business Hackathon 2023 is an event being organized by the MTU Startup Society during the innovation month and is backed by the Rubicon Centre.

On March 11th, students from MTU, UCC, and other third-level education institutions will come together to network, learn, and grow their business ideas. With workshops and mentoring sessions led by industry professionals, you'll have the opportunity to develop your concepts into successful businesses.

And the best part? The team with the best business idea will receive a main cash prize of 500 euros! Food and drinks are also provided, so you can focus on your business ideas and not worry about missing a meal or being thirsty during the event.

Take advantage of this exciting opportunity to turn your ideas into action.

Sign up now at <u>www.mtustartupsociety.com</u>, and let's get started.

#### Who Can Participate?

- Students from MTU, UCC & other third-level education institution!
- Students from all fields, from business to engineering!

#### Date:

#### March 11th, 2023

#### Time:

#### 9:00am - 6:00pm

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#### What Can You Expect?

- Work in teams on your business idea!
- Pitch your idea to a jury!
- Free workshops & mentoring sessions!
- Food & drinks are provided!

#### Location:

Rubicon, MTU, Bishopstown, Cork, T12 Y275

Organisers

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Rubicon

Startup Society

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### Careers Corner

Hate Aptitude tests? Assessment Centers or Interviews freak you out? You are not alone! The Careers team are on your side and are here to help you.

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So, you have been invited to an Assessment Centre? This is great news! This means the organization you applied to is ready to invest a lot of time and money in getting to know you a little better. This is usually the final stage of a long recruitment process and of course it can be daunting. Let's shine a spotlight on some practical tools and supports available to you right now so you can thrive and get that coveted job offer.

MyCareer is a state of the art, comprehensive suite of online career tools and is now live at MTU. Click on Career Tools and scroll down to Assessment Centre Tools. This section will give you the low down on what assessors are looking for and how to boost your scores. There is also a selection of Aptitude Tests samples which will generate a personalized report on your speed, accuracy and score percentile. It also helpfully provides you with the correct answers.

Click on Interview 360 if you want to try out some mock interviews and get some private, immediate, friendly feedback, tips and advice on your eye contact, voice clarity etc. Elevator Pitch Builder will help you to marshal your thoughts so that you impress the interviewers and score big brownie points when they ask 'Tell me about yourself'. Practice makes perfect!











Remember you can also book in to meet a Career Advisor online or face to face. Book via CAREERSconnect.

#### DROP-IN CLINIC

**Every Mon – Thurs 3-4pm** (No appointment needed) at the Careers Team, 2nd floor Student Services. (next to the lift)

#### CAREER CHAT WITH A CAREER ADVISOR On the Main corridor at lunchtime **Tues - Thurs 12.30-2pm**.



# What make Zoo

ZootGhost is an Irish Artist, Animator, Life hacker and Meme creator. His work pokes fun at pop culture and offers good & bad life advice, sarcasm, and dark humoured social commentary.

#### WHAT INSPIRES THE WORK:

ZootGhost is inspired by things that make him laugh or that he finds unjust or bizarre in this crazy world. If he creates something and bursts out laughing then he feels his job is done. ZootGhost likes to stand up for people & say what others may be thinking but are too uncomfortable to express. His work covers themes of mental health, the cost of living crisis, the housing crisis, life hacks and jokes.

#### **THE HISTORY OF ZOOTGHOST:**

ZootGhost was first conceived in Clonmel, Co.Tipperary. He was then developed in Sheffield, England before returning to the homeland and creating a base in Cork City. He Studied Multimedia at CIT now MTU. Art and creativity have always been essential parts of his existence. His mental health diagnosis of OCD & ADHD along with Skateboarding forms his view on the world and quirky dark sense of humour.

#### **EXHIBITIONS AND HIGHLIGHTS:**

His work has been exhibited in world class galleries globally from New York City to Singapore & of course here in Cork. His most recent animation is featured in The Artscience Museum Singapore for their Mental: Colours of wellbeing exhibition which runs until the 26th of February. Leesiders will know his work from his billboards collaboration with local design studio Notes To Cork. ZootGhost was the first artist in Ireland to integrate augmented reality into billboards to bring his work to life. The viewer could watch animations embedded in the billboards via their mobile phone. His stickers can be found all over the city to brighten up your day. His distinguishable pink and blue colour pallet makes his work easy to spot. His work was exhibited in the prestigious Krause Gallery in NYC. His work has also featured in Times Square as part of the Crypto Art Fair.

#### WHAT IS AUGMENTED REALITY?

Augmented Reality is a technology that superimposes a computer-generated image/animation on a user's view of the real world, thus providing a composite view. Each of the billboards was enhanced with this technology to bring them to life in real time on the street in front of you.

#### **SOCIAL MEDIA:**

ZootGhost has amassed an instagram following of 16.1K followers. He's a verified giphy artist with over 1.3 Billion views.

Please follow ZootGhost for more via *@Zootghost* on instagram.







Next Time Someone Asks You To Pass Them Their Drink Use This Technique.

Make A Joint Bro.











Date The Elderly Then Inherit Their Home.

When No One Buys Your Art So You've Gotta Feed Your Family With Likes:



Life Is Like A Box Of Chocolates



And I'm A Lactose Intolerant Diabetic Dog

@Zootghost

## ACTIVE\* Consent

### What Is Consent?

Consent is OMFG - ongoing, mutual and freely-given agreement to take part in sexual activity. It applies to all relationships, all genders, and all sexualities.

For those of you who have not yet completed the Active\* Consent module on Canvas, it is available **here**. You will then have the opportunity to consolidate this learning by undertaking a further eLearning module, **"Sexual Violence and Harassment: How to Support Yourself and your Peers"**, for which you will receive a certificate of completion.

We are very conscious of our duty of care as an educator to support you and this extends far beyond the provision of these workshops. To this end, a key cohort of senior management, Heads of Department and frontline staff received disclosure training in December, and further workshops are scheduled in the coming months.

We strive to make MTU a safe space for all, with the resources in place to support those of you who experience any type of abuse, assault or bullying. For anyone who does not want to make an in person disclosure, reports can be made anonymously using our **Speak Out** reporting tool. A list of all in-house and external support services is available **here**.

We would welcome any comments or suggestions you may have on this or anything EDI - related, our email address is **@mtu.ie**.

# PRESENTS **PRESENTS PRESENTS PRESENTS**



#### HAVE YOU HAD AN IDEA THAT WILL HAVE A POSITIVE SOCIAL IMPACT?

#### **CLICK HERE FOR AN APPLICATION FORM**

THE COMPETITION IS OPEN TO ALL STUDENTS FROM THE COLLEGE PROGRESSION SCHEME

THE COMPETITION IS RUN BY MTU'S HINCKS CENTRE FOR ENTREPRENEURSHIP EXCELLENCE AND THE SCHOOL OF BUSINESS IN ASSOCIATION WITH MTU'S INNOVATION & ENTERPRISE MONTH











### ENACTUS MTU JOIN NOW

FANTASTIC OPPORTUNITIES FOR STUDENTS IN MTU

WOULD YOU LIKE TO MAKE POSITIVE IMPACTS ON COMMUNITIES AND SOLVE SOCIETAL PROBLEMS?





LEARN NEW SKILLS IN THE AREA OF INNOVATION, CREATIVITY, ENTREPRENEURSHIP & MARKETING?

NETWORK WITH EXECUTIVES AND BUSINESS LEADERS FOR GREATER JOB OPPORTUNITIES?





HAVE THE OPPORTUNITY TO TRAVEL & REPRESENT MTU AT UNIVERSITY LEVEL AS PART OF A TEAM?

### ENACTUS MTU IS FOR YOU -SIGN UP TO FIND OUT MORE

HTTPS://SOCIETIES.MTU.IE/SOCIETI ES/CORK/ENACTUS

